



insight

A LOOK AT OUR WORK AND AIMS

NO SECOND NIGHT OUT

Church Housing Trust supports No Second Night Out in Manchester

No individual sleeping rough for the first time should have to spend a second night out on the street. That is the vision of [No Second Night Out \(NSNO\)](#) - a new initiative recently launched and managed by Riverside ECHG in Greater Manchester. Members of the public who see a rough sleeper should call a Freephone number (0345 11 28 128) with the details so that staff and volunteers can make contact with the rough sleeper and offer them a stay in emergency accommodation or support to reconnect with their community so they can be close to family and friends.

NSNO involves the whole community, breaking down barriers and misunderstanding regarding rough sleepers. Anybody referring a rough sleeper to the service will, if they want it, receive feedback on the progress and outcomes of the person they have referred (within the boundaries of respecting that person's right to privacy).

Church Housing Trust, as the fundraising partner of Riverside ECHG, is funding welcome packs of toiletries and other emergency items for rough sleepers when they first arrive and continues to support the work of Riverside ECHG in 15 other projects for homeless people across Manchester. Your prayers and donations, especially during the cold winter months, will be greatly appreciated.



A similar scheme is also being run in London. Contact details can be seen in the box below.

If you see someone sleeping rough in Manchester or London please contact the No Second Night Out teams:

Manchester:
0345 112 8128
nsnogm@riverside.org.uk
London:
0870 383 3333



Credit: Flickr @N00/4882819262

James (aged 30), was referred to NSNO by one of the day centres in Manchester. James's relationship with his girlfriend had broken down and after receiving threats from her family he felt forced to leave his home area. He stayed with a friend for a while but was asked to leave as the place was overcrowded. He had nowhere else to go and no one to turn to for help so ended up sleeping rough on the streets.

Fortunately, after three nights, he was found by the outreach team who took him to LifeMatters, the Riverside ECHG-run day centre in Manchester. Once in a safe place he felt able to talk about why he was sleeping rough and to think about solutions to his problems. The local authority had told him that there was no statutory duty for them to house him as he did not have poor mental or physical health and was considered to have the ability to resolve his housing situation himself. This had made him feel very depressed and worthless as if he was being punished for not having any convictions or addictions and he was really appreciative of being offered emergency accommodation and the chance to work through his problems himself.

"I really appreciated the support I received from NSNO and all the staff were friendly, which has helped me feel a bit stronger to deal with this situation."

James stayed for three weeks, before he moved on to a hostel, where he could stay for longer. The staff help residents plan for the future and find permanent accommodation and as a result James is now doing voluntary work and has a more positive outlook on life. He has recently been back in touch with his children and is working on his relationship with his ex-partner and her family.

THANK YOU!

Thanks to your donations in 2012 we have been able to:

- Help over 3,500 people for the first time through the projects we support
- Provide over 150 welcome packs of toiletries and basic food items for homeless people arriving in hostels with no belongings
- Provide resettlement grants to over 200 people ready to move on to their own accommodation to help them buy furniture and equipment for their new homes
- Give funding to 53 people wanting to take educational and training courses to help them gain employment

Your donations enable homeless people to get their lives back on track and reintegrate into mainstream society. Some of England's most vulnerable and disadvantaged people have been helped by your generosity and support throughout the year. Thank you!

FACING UP TO PROBLEMS

Each Thursday at the LifeMatters Day Centre in Manchester's Swan Street you can find homeless residents from several of the Manchester hostels taking to the stage. The drama group, which has been running since 2009 and which is funded by Church Housing Trust, gives each person an enjoyable opportunity to feel more positive and confident.



"I come out feeling confident and good and I want to tell to have a go."

Many who take part comment on how the drama session occupies time that they would normally spend drinking, taking drugs, begging or shop lifting. They also talk about how the drama sessions makes them 'think' and view things differently and increases their confidence so that they contribute more to group discussions and encourage others to join in the sessions.

Drama sessions are used to focus on the experiences and lifestyle of those who have experienced street homelessness, substance misuse and poor mental health. The 'safety' of the drama enables participants

to explore the problems in their lives through creating characters, which helps them come to terms with their own experiences without exposing personal detail. The drama sessions encourage reflection and the challenging of long held beliefs, values and barriers to 'moving on'.

EMERGENCY FOOD STORE

[Beck House](#) provides a home for 34 homeless people in Enfield, North London and for many years they have received regular support from St Peter's Church, Grange Park, including Harvest Festival collections.

The food collections are used to run an emergency food store in the hostel which provides food for residents who are having problems with obtaining their benefits and therefore have no income. Thanks to the generous gifts of the St Peter's congregation they are able to supply residents with food parcels to tide them over until, with staff support, they can get their benefit issues resolved. Without this help residents would literally go hungry or be forced into debt. These small gifts from kind individuals make a large contribution to making Beck House a safe and supportive environment in which people can leave their experience of homelessness behind them and move forward into positive and happy futures.

Thank you from the staff and residents of Beck House to all the parishioners of St. Peter's Church!

HARVEST THANKS

A big thank you to all the churches who held Harvest Festival collections for Church Housing Trust and local hostels this year. The wonderful hospitality, gifts of food and kind donations are always gratefully received.

further strengthened and some of the residents now volunteer at church events like jumble sales and one or two have also joined the church congregation.

"We at St George's are really pleased to be in partnership with Holden House and Church Housing Trust in running this new community garden. It was originally my wife's vision and we do hope it will be a great resource to members of the hostel as well as something which will enrich other members of the local community, and be a means of church members and community members rubbing shoulders as we engage in common tasks. Thanks to all those who have contributed towards its establishment."

Canon David Munby

Working together

Residents at [Holden House](#), Barnsley are working on a gardening project with the help of their local church, St George's, who have kindly given them use of the church's garden. Both have worked together in building and filling raised beds and planting and tending a variety of salad produce, vegetables and flowers.

The vegetables are used for 'cook and taste' sessions in the hostels, and the residents have



been making some great salads and soups. Some of the flowers have been used to create lovely hanging baskets which are adding some colour to their surroundings.

Residents have found that their link with the church has been



Spotlight on Cambridge

Victoria Road Hostel

"I would like to thank you for CHT's generous donation of £142 for 'Sam's' Painting and Decorating College Course at Cambridge Regional College. He is really enjoying the course and is looking forward to his fruitful future as a qualified painter decorator."

Support worker, Victoria Road

"Thank you for funding my painting and decorating course. I am happy and looking forward to getting my qualifications so I can start work next year as a painter! I really appreciate your help."

'Sam', Victoria Road

Thanks to CHT funding many residents at [Victoria Road](#) hostel keep themselves busy by looking after their own individual areas in the hostel garden, as well as sharing the greenhouse and maintenance of the rest of the space.

All the produce is available for other residents to use and enjoy. The opportunity to grow their own food and have a useful outdoor activity is greatly appreciated.

Cambridge Youth Foyer

CHT is pleased to be the funder of the 'Youth Achievement Awards' programme at [Cambridge Youth Foyer](#) for 16-25 year olds.

The programme rewards the young people for taking initiative in learning the skills they need to live independently and find employment or training.

'James', 'Paul' and 'Jack' moved into the foyer early this year due to homelessness. In spite of the difficulties in their lives at the time they all started the Flex course at Cambridge Regional College shortly after they moved in. The hostel staff received numerous positive reports heaping praise on the three young men about their hard work.

At the end of the course two of them are continuing their education using the Move4ward course before enrolling on vocational courses in September, and the third has secured a full-time job at Kwikfit.

Their hard work was a great inspiration to many other residents and they all received vouchers as a gift to reward them for their dedication and hard work.

Willow Walk Hostel

You may remember reading in our Summer 2012 newsletter that we funded a new training kitchen at the [Willow Walk](#) hostel in Cambridge. The new kitchen which opened in April is being used to help residents learn and develop kitchen skills and offers them the opportunity to work towards gaining a basic food hygiene qualification.

In August the residents put their new culinary skills to the test by catering for a football tournament for homeless people from all over Cambridge.

The tournament was free and aimed to involve the wider homeless community in sport, whether by playing or volunteering. It was organised by Streets Revolution to raise awareness of social isolation and how sport can help people regain their confidence.

Residents displayed team work on and off the pitch preparing the food for the tournament. They cooked food, funded by a CHT grant, for approximately 300 people who were either playing or stewarding at the event.

"We played in our fabulous new kits provided by CHT funding. The Cambridge Riverside ECHG teams have never won a game in a tournament but we won our first game against a Cambridgeshire Youth team 1-0! We lost the other four with a team of residents and staff, but a great day was had by all!"

Gary Hutchings, Team Leader, Willow Walk

BUMPY TRACKS

This summer CHT funded a trip for residents of [Newton House](#)* in Gloucester to go on an off-road bike ride in the Forest of Dean.

Every member of the group had an amazing experience. Most of the residents had never done anything like this before and they could have given Team GB's BMX racers a run for their money! The adrenaline was pumping and their lungs were heavy, but they managed to make it around the course twice, encountering big hills and swooping downhill sections.

The day out meant residents had a change of scenery whilst getting some fresh air and getting to know each other better.

"I really enjoyed the cycling day. It was hard work, because I'd never done off-road biking before. But I proved to myself I could keep up and do 14 miles. This was an awesome activity!"

*Newton House in Gloucester provides accommodation for 50 homeless men, including several who are elderly and/or disabled.



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Residents at Townsend Gardens in

Birmingham enjoyed the summer with a Jubilee BBQ and



some outdoor games, as well as some board games for when the sun disappeared!

Football fun

This summer has seen sport pushed to the forefront of everyone's mind. Riverside ECHG residents have been feeling the Olympic buzz and practising their football skills. This year CHT has helped fund a range of different projects



including kits, training coaches and tournaments. Football is a great way for residents to develop different skills from team building to physical fitness.

Sport can also help individuals to realise their potential, become involved with the local community and create a positive outlook for their future.

LETTERS

"Thank you so much for the grant you have given me. This money will help to pay my key deposit which is one less thing I have to worry about. Thank you very much for your kindness and your help. I am very grateful."

Resident at The Beeches, Manchester

"Thank you for your summer newsletter which I always look forward to receiving. I pray for your continuing help and guidance you give to homeless men and women."

I was a service user at one of your projects in Maidstone, Kent in 2005. I received a lot of help and great support from the staff there over a 6-year period, for which I was very grateful. Again, a big 'thank you' to the staff."

Former resident

How does your garden grow?



The garden transformation team get stuck in

Residents and Riverside ECHG's staff in Manchester combined forces to transform an empty green space at Wilson Carlile House*.

They were joined by residents from nearby Brydon House for the gardening day, which was funded by Church Housing Trust. The day was a great success, and residents enjoyed it so much they would like to start a weekly gardening club at Wilson Carlile House.

"It was both engaging and challenging for everyone involved. Residents and staff worked together and the activities were very good too - it was a great success."

Support worker

*A hostel for 25 men aged 18-65 who are ex-offenders and who have a variety of mental health and addiction problems.

A summer to remember: Jubilee 2012



As the nation enjoyed the Queen's Diamond Jubilee and the London Olympics this summer, RECHG residents celebrated with games, baking and barbecues.

BRACKEN COURT OPEN DAY

Staff and tenants at **Bracken Court*** in Leeds hosted an open day, where agencies were able to talk about the services they provide.

Visitors were invited to look around the property to show what the accommodation is like and residents prepared food for the barbecue and ran the fundraising stalls.



*Bracken Court is a hostel for 50 homeless people, some of whom have been rough sleepers, and who have a range of problems including substance misuse, domestic abuse and poor mental or physical health.



Dear CHT

On behalf of all the residents I would like to thank you for your continuous funding which has helped us all who live here, either individually or collectively. As you can imagine, many of us have not had the opportunity of being involved in so-called "normal families" and experience some of the privileges other youngsters encounter in everyday life, so your help and support is very much appreciated.

The TV and music entertainment system supports us all in different ways, which include emotional therapy, hobbies and the sharing of interests. It helped us all to feel and be part of the Euro football and Olympics and has also been used for training purposes.

The outward bound experience will be exciting and I look forward to it. This will help the younger residents with essential life skills which can only benefit their personal development.

Several residents have also benefited with funding from CHT for things like college and going to the gym which has helped them develop their career prospects.

Thank you also for the Christmas funding which will allow all staff and residents to interact together and feel less lonely at this time of year.

As a voice for the Cangle, and on behalf of all the residents, I would like to extend our gratitude for your hard work which enables us to benefit and brings a sense of belonging which means everything to us.

Yours sincerely
Lee Stopforth

The [Cangle Foyer](#) project in Haverhill provides accommodation and help for disadvantaged 16-25 year olds so that they learn how to be motivated and independent. Many of them have come from care homes and the foyer provides a step between leaving home and having a place of their own, giving them support and a safe place in which to live.

Earlier this year the manager asked us if we could provide them with funding for a variety of activities to help the young people gain experience and skills. Thanks to donations we had received we were delighted to fund a TV and music system, and give several residents an outward bound experience in Aberdovey in Wales. As you will see from this letter our funding has made a real difference to their lives and was greatly appreciated.

GEMMA'S STORY

Gemma had a very unhappy childhood. Her mother had re-married and she didn't get on with her stepfather and she was eventually forced to leave the family home. As a result her education was sporadic and after several chaotic months of temporary living arrangements with friends she ran out of places to sleep. Outreach workers found her a place at a hostel and the staff began to work with her to get her life back on track.

She couldn't believe how kind people were when she was offered a CHT-funded welcome pack containing toiletries and other essentials, but she still lacked the skills and confidence she needed to get a job. Thanks to the advice and guidance of staff she gained enough confidence to go to a local college to continue her education and once again CHT stepped in to give her a small grant for the purchase of stationery and the books she needed.

She is now training to work with elderly people in a care home and has been allocated a council flat. Before she moved in she was offered a resettlement grant from CHT for items such as pots and pans and a cooker. The hostel staff continue to support her as she settles into her new home and develops her career, and now that she has overcome her personal problems she has renewed contact with her family.

Church Housing Trust relies on donations to enable us to offer support at these critical stages for so many - ensuring that such vital work continues and that someone who has suffered for so long with no hope is given the opportunity to turn his or her life around.

ON THE ROAD TO RECOVERY

Tammy had always suffered from alcohol and drug addiction, as well as being heavily medicated for a number of years. When she arrived at the [Old Tea Warehouse*](#) she was on an unstable and rocky path of Class A drugs, alcohol, methadone and a cocktail of anti-depressants. The hostel staff helped her along the road to recovery by ensuring she kept off drugs although she found it hard to become completely free from alcohol.

Tammy went through several detoxification programmes, but there was always something holding her back. She had to deal with the death of her father and partner (also a resident at the Old Tea Warehouse) during these detox programmes and became emotionally unstable.

Recently, Tammy had an operation and decided to start an alcohol detox herself, without any assistance from medication and this proved to be extremely successful. Tammy has now been alcohol-free for over two months - the longest period she has ever completed a detox. Having routine and structure to each day helps many former addicts and it played a big part in Tammy's successful recovery.

Thanks to funding secured by Church Housing Trust she was given the chance to work with horses locally at least three times a week. It turned out that Tammy was very knowledgeable about horses having attended dressage classes when she was a young girl and the therapy of working with horses made a big difference to her confidence.



Staff member, Hifsah, and Tammy are presented with the cheque by Beverley from the foundation

Church Housing Trust has received a donation of £1,000 from the [Buckinghamshire Community Foundation](#) for The Old Tea Warehouse and we are excited to be putting this towards enabling other residents, such as Tammy, to take part in social activities which help them on the road to recovery.

*The Old Tea Warehouse is a hostel based in High Wycombe offering temporary self-catering accommodation for 42 homeless people. During their stay residents are offered the support they need to help them overcome their problems and gain the confidence and skills they need to live independently.

ABOUT CHURCH HOUSING TRUST

Church Housing Trust supports some of the most vulnerable and disadvantaged people, helping them get their lives back on track and reintegrate into mainstream society.

Church Housing Trust raises charitable funds to support Riverside ECHG's work with homeless and vulnerable people. Riverside ECHG runs a wide range of schemes in England, including hostels, women's refuges, young people's foyers, day centres, accommodation for homeless families, mother and baby units, projects for people with specific problems such as drug or alcohol dependency, temporary housing for ex-Service personnel and accommodation for people with learning disabilities.

As a housing association, Riverside ECHG receives statutory funding to develop buildings and to provide staffing and certain services, but it's the additional funding raised by Church

Housing Trust that enables the staff to make a real difference to the lives of residents, both in terms of their living conditions and giving them the skills and support they need as they return to independent living.

The funds that we raise are used for a wide range of needs, including residents' welfare, therapeutic activities and outings, education and training, counselling, residents' resettlement costs, IT and other training equipment, furnishing hostel accommodation and refurbishing older premises, covering volunteer costs, and also funding certain staff posts for which statutory monies are not available. During the past year we have been able to help over 3,500 people of all ages in over 80 projects.

It is only through the generosity of our supporters that we are able to fund these activities. Please donate using the form below.

AWARD WINNING WORK WITH HOMELESS PEOPLE

One of Riverside ECHG's housing and support schemes which has given thousands of vulnerable people a fresh start in life has been honoured at a top industry award ceremony. [The Quays](#) scheme, based in Sittingbourne in Kent, received national recognition for its work in the Tenants Participation Advisory Service Awards 2012, winning the 'Excellence in the Community' category.

Joan O'Beirne, Area Manager for The Quays, said:

"We have worked extremely hard over the last few years to build strong partnerships for the benefit of our residents and the local community. We are a unique hostel in the fact that we continue to build and maximise opportunities to develop partnerships and close gaps in education, training and employment, to give adults the tools to transform their lives."



The hostel team collecting their award

The project provides accommodation for up to 84 vulnerable people at any one time and has proved to be a lifeline to the 150 residents that pass through its doors annually. The aim of the service is not simply to provide a place to sleep. Its goal is to equip homeless people with the social skills, work experience and confidence they need to rebuild their lives. Each resident is given a personalised support plan which helps them to tackle any problems they may have with their health, addiction problems and accessing benefits and they are also referred to a GP, if required.

The scheme's dedicated team has worked hard to turn The Quays into a community hub, forming close relationships with

a range of partners. It has joined forces with Canterbury College to run a host of courses, up to degree level, which both residents and local people can sign up to. Since the lessons began in 2009 more than 100 students have completed accredited courses with one former tenant of The Quays scooping a Regional Adult Award.

The scheme's links with the Primary Care Trust have also proved invaluable, attracting funding for the refurbishment of the kitchen and 12 residents have obtained their Food Hygiene Certificate Level 2 and five have gained employment at a local catering company as a result of the scheme.

Joan added: "Very often when new people arrive on our doorstep, they have limited life skills. We have employed the services of the Community Chef to educate them in healthy eating on a budget, basic food and hygiene and cooking skills which will stand them in good stead when they leave the hostel."

Other residents at The Quays have played a vital role in raising the profile and reputation of the centre within the local area by running schemes such as the community sports programme. Ten participants successfully completed the Level 2 Sports Leaders course which gave them the confidence and skills to run the initiative themselves.

NEWS

OTHER NEWS IN BRIEF

Aldershot – Project for ex-Service personnel
CHT has raised over £20,000 for a log cabin to be built in the grounds of [Mike Jackson House](#). The homeless ex-Service personnel who live there will use the skills they acquired whilst serving in the forces to construct the building. It will be used for training sessions, social activities and meetings, as well as a place for relaxation and tranquillity

Reading – New Kitchen for [Hamble Court](#)
This year CHT raised almost £21,935 for a new training kitchen for the Hamble Court hostel in Reading. It will be installed in time for Christmas dinner to be cooked there, and regular cooking and food hygiene sessions will also be held there to help improve the residents' food preparation skills.

Christmas card competition
Congratulations to Liza Campy from The [Stages Academy](#) in Middlesbrough for her winning entry, which will be used for our 2012 Christmas card.

Legacies: A gift for the future

One way in which you can leave a permanent memorial to yourself and your support for homeless people is by including Church Housing Trust in your Will. Your legacy could help to transform the lives of homeless people and ensure that our work continues well into the future.

The thoughtfulness and provision of our kind donors who have very generously left us legacies significantly helps us to ensure long-term funding for projects. We should like to take this opportunity to acknowledge recent legacies from the late Cdr. K Barclay-Brown, Miss D H Baulch, Miss E Davies, Miss M M Fowler, Miss J Grierson, Mr N C Lawrence, Mrs P Lowry, Mrs E J Schiller, Miss U R Walker, all of which have made a huge difference to the help we have been able to give to homeless people as they regain their confidence and skills and return to living independently.

If you have any queries, or would like to visit one of the projects we support, please call Mrs Sally Isaacs on 020 7269 1630.

"For we brought nothing into this world and it is certain we cannot take anything out."
1 Timothy 6:7

Your legacy would make a real difference

"CHT has made such a difference to my life and I'm so grateful."

Joe (27), Bristol

HOW YOU CAN HELP

Donations

Your donations - by cheque, charity voucher, postal order, credit card, or online via our website - are used to provide help for homeless people where it is most needed. Remember your gift can be worth even more at no extra cost to yourself. If you Gift Aid your donation, Church Housing Trust can reclaim the tax you would have paid on the amount of your donation. You can also give by a regular standing order. This not only makes your financial planning easier, but also gives us the reassurance of a regular income.

Legacies

If you include Church Housing Trust in your Will you will be giving a lasting gift which will help to ensure that we can continue to meet the needs of homeless people in the future.

Groups such as churches or schools can help. You could: hold an event such as a coffee morning; cake or jumble sale on our behalf; donate all, or part, of the proceeds of a charity fair to Church Housing Trust; suggest Church Housing Trust as "charity of the month"; encourage your PCC to give a charitable donation to Church Housing Trust; take part in a sponsored fundraising activity on our behalf. Please ask us for display material or more general information about any of our projects.

Payroll Giving

Payroll giving is an easy and tax efficient way of giving to charity. Under this scheme, anyone whose pay or pension is taxed through PAYE can make tax-free donations. For example, if you give £5 a month it will only cost you £4. This is because the donation is made before PAYE is deducted, so the tax man won't take the £1 you would normally have to pay (at basic rate).



Carlisle Bishop's Event 4th July 2012

Midsummer's day had passed, and the real summer was yet to come, when at the kind invitation of the Bishop of Carlisle, the Rt. Revd. James Newcome, we met some representatives from churches in the diocese.

Members of staff from Riverside ECHG gave a short presentation in St John's Church, Keswick about the needs and problems of homeless people in the North West of England, and some of the schemes which help them. A question and answer session followed in which several local queries were addressed and after a short dash in the heavy rain from the church to the Bishop's house next door the discussions continued over a wonderful buffet kindly provided by Mrs Newcome. Good contacts with local churches were made and encouraging support received and the visiting staff were only sorry they didn't have more time to explore the breathtakingly beautiful surrounding countryside!

StreetSmart - the charity that raises funds for homeless people each year by asking restaurant-goers to add a donation to their bills - is once again operating in a number of cities throughout the UK over the Christmas period.



In the 2011 campaign they raised the incredible sum of £760,000 and Church Housing Trust was thrilled to be the recipient of grants totalling £10,000 for the projects we support in London and Manchester. These grants are used to fund life skills training and prepare residents for independent living.

Patrons: Archbishop of Canterbury, Bishop of Manchester, Bishop of Ripon and Leeds, Sir Martin Berthoud KVCO CMG, David P G Cade, Peter Cooke CBE, Ian Hay Davison CBE, Sir Philip Mawer, Rt. Revd. Christopher Mayfield, Michael Nicholson OBE, Rt. Revd. Michael Turnbull CBE, The Ven. David Woodhouse
Trustees: The Revd. Canon Ian Gaskell (Chairman), Susan Briscoe, Commander Robert Cribb MBE, RN (Retd.), Christopher Daws, Revd. Preb. Graham Earney, The Ven. Dr. Colin Hill
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Please accept my donation of £ _____

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Address _____

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Gift Aid. Please tick if you are a tax payer and you would like us to reclaim the tax on your donation at no extra cost to yourself. Please note that in order for us to reclaim tax we need your address and you must pay an amount of income tax and/or capital gains tax for each tax year at least equal to the amount of tax that all the charities to which you donate will reclaim on your gifts for that tax year. Other taxes such as VAT and Council Tax do not qualify.

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- Standing order form for regular giving
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Winter 2012